

# Experiencing migraine stigma in the workplace

Fight migraine stigma in the workplace.

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Presenteeism or working while sick, is often a recurrent habit among people living with migraines as they fear social judgement about their illness. Close to 1 in 10 of the Singapore population suffers from migraine, a neurological condition that ranks fourth on the list of top 10 disorders causing years lived with disability for the Singapore population. Preventive treatment can go a long way in helping to control the condition. Find out more by speaking to your healthcare provider today. Migraine is not just a headache.

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