## Get ahead of pain

Migraine is a debilitating neurological condition.

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Migraine is a debilitating neurological condition characterized by recurrent attacks of moderate to severe head pain that is typically pulsating, often unilateral (one-sided) and associated with nausea, vomiting and sensitivity to light, sound and odors. Despite its prevalence and disease burden, migraine is an under-diagnosed and under-treated condition that is often mistaken as just a headache. Informed counseling, appropriate lifestyle management and preventive treatment can help improve a migraine patient's quality of life.

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