



**Gilenya<sup>®</sup> (fingolimod):  
Pregnancy-Specific  
Patient Reminder Card**



# Before starting Gilenya<sup>®</sup> treatment



Gilenya<sup>®</sup> can harm an unborn baby. Before you start treatment with Gilenya<sup>®</sup>, your doctor will inform you about the risks to the unborn baby and explain what you should do to avoid becoming pregnant while you are taking Gilenya<sup>®</sup>.



Your doctor will ask you to take a pregnancy test to ensure that you are not pregnant before you start treatment with Gilenya<sup>®</sup>.



Your doctor will inform you about the need for effective contraception while on treatment and for 2 months after discontinuation. Talk to your doctor about the most effective contraception options available to you.

Please read the Gilenya<sup>®</sup> Patients, Parents and Caregivers Guide provided by your doctor.

# While you are taking Gilenya®



You should not become pregnant while taking Gilenya® and for 2 months after stopping treatment.

You should use effective contraception during treatment and for 2 months after discontinuing treatment to avoid becoming pregnant.

Your doctor will ask you to repeat pregnancy tests at suitable intervals.

Your doctor will provide regular counselling about Gilenya®'s serious risks to the unborn baby.



Tell your doctor straight away if you become pregnant or if you want to become pregnant because your doctor will consider stopping your Gilenya® treatment.

# While you are taking Gilenya®



In the event of a pregnancy your doctor will provide counselling. Your doctor will give you medical advice regarding the harmful effects of Gilenya® to the fetus and will perform medical follow-up examination. An ultrasonography examination should be performed, and Gilenya® treatment will be discontinued.



Your doctor may inform Novartis about your pregnancy so as to monitor the outcomes of pregnancy in women exposed to Gilenya® during pregnancy.

# After stopping Gilenya® treatment



Inform your doctor immediately if you believe your MS is getting worse (e.g. weakness or visual changes) or if you notice any new symptoms after stopping treatment with Gilenya® due to pregnancy.



Effective contraception is needed for 2 months after stopping Gilenya® treatment because of the length of time it takes for Gilenya® to leave the body.

Gilena<sup>®</sup> is a registered trademark of Novartis Pharma AG



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